

VMM-262 Suicide Prevention Policy



Suicide continues to affect our force. It is an outcome that some see as more palatable than facing the struggles in their lives. I am here to tell you that suicide is the worst choice anyone could make. I have had two immediate family members (my mother and brother) who have attempted suicide. Both faced what they thought were impossible situations. Thankfully, both are alive and well today. Although they still struggle, they continue to receive the help and support they need to feel no longer trapped. Had they died by suicide, I would have never been able to fill that hole they would have left in my life. I am pleading with those who are struggling to let someone know. We have all struggled, and all of us have needed help in our lives. This command will always help you with your struggles, no matter the situation.

Any suicidal ideation or suicide attempt should be treated with the utmost sense of urgency and seriousness. We cannot lose anyone. Report it to the chain of command or our Suicide Prevention Program Officer, Captain Clayton, and stay with that individual until help arrives. The command has an immediate response plan to ensure that individuals get the support they need – whether they desire it or not.

One of the ways we can reduce suicide is by genuinely caring for and knowing our Marines and Sailors. Situations become exponentially more challenging to solve for individuals when problems compound. Seek early solutions and get the command involved if you can not find a suitable solution. Many resources and options are available, such as The MAG-36 Chaplain, Marine Life, and Family Counselor, Flight Surgeon, Behavior Health Services, and Provost Marshall's Office. These programs and organizations exist to provide support or solutions to service members in need.

A handwritten signature in black ink, appearing to read "Trong M. Do".

LtCol Trong M. Do
Commanding Officer

Marine Medium Tiltrotor Squadron 262